

Men & Women



Mary Norris

Men and Wome of Vision
Board Chair

President/CEO, Mary Norris, Inc.



SPEAKING TOPICS

Youth Safety & Decision-Making
Volunteer-to-Workforce Pathways
Community-Based Program Development
Nonprofit Governance & Strategic
Partnerships

CONTACT:

Media@MenAndWomenofVision.org



"Participants may be asked to complete a brief, confidential survey at the start and finish of the workshop, to assess learning outcomes and immediate retention.

What Students Will Learn

Key outcomes participants should know by the close of the workshop.

PRE/POST SURVEY LEARNING

- Awareness of fentanyl and opioid risks
- Decision-making abilities in peer-pressure situations
- Confidence in seeking help and using available resources

CURRICULUM SUMMARY

- Understanding Fentanyl and its Dangers
- Peer Pressure and Youth Decision-Making
- Recognizing Overdose Signs & Seeking Help
- Local Resources and Support Hotlines

SAMPLE DISCUSSION QUESTIONS

- ◆ What are common ways that fentanyl exposure can happen without someone's knowledge?
- ◆ How can you convince-a friend who is hesitant or scared to call for help if someone is unresponsive after-using drugs?

KEY RESOURCES

STATE & NATIONAL RESOURCES

Virginia ABC – Youth Alcohol & Drug Prevention Project
<https://www.abc.virginia.gov>

SAMHSA National Helpline 1-800-662-HELP (4357)
<https://findtreatment.gov> (24/7)

Suicide & Crisis Lifeline 988 (Call or Text) (24/7)
<https://988lifeline.org>

Crisis Text Line. Text HOME to 741741 (24/7)
<https://www.crisistextline.org>

REGIONAL RESOURCES

Urban League of Hampton Roads (Norfolk) 757-627-0864
<https://ulhr.org>

Virginia Beach Behavioral Health Crisis Services
757-385-0888 (24/7)

Norfolk Community Services Board 757-664-7690

Teens With a Purpose (Norfolk) 757-622-7017
<https://teenswithapurpose.org>

Chesapeake Integrated Behavioral Healthcare 757-547-9334

Hampton-Newport News Community Services Board
757-788-0300

Portsmouth Behavioral Healthcare Services. 757-393-5357

“Please remember, there is always help available — speak up for yourself or someone elee.”